

Effect of Nd-YAG, XeCl, and Nitrogen Laser Radiation on Human Aorta , and Some Arterial Tissues

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Abstract

The effect of laser radiation on human aorta, coronary, and pulmonary arteries, and pulmonary veins has been investigated. Xenon-Chloride (eximer), Nitrogen, and Nd-YAG pulsed lasers of wavelengths 308, 337, and 1060 nm respectively were used. Their effects on fresh postmortem tissues, normal and diseased, was studied. The diameter and depth of ablation of the exposed tissues, in air, were measured as a function of many factors related to the type of laser and nature of the tissue. The effect of properties of the applied lasers, such as average power density and deposited energy density, on the exposed tissue surface were studied. The increase of these two parameters cause an increase in the depth and diameter of ablation. However the diameter increases until it reaches a saturation value defined by the laser spot cross section. The laser effects were studied as functions of the tissues' nature and thickness. Normal tissues were found to have higher values of ablations' diameters and depths in comparison in with atheromatous tissues. It has been found also that the laser ablation decreases as the tissue thickness increases. It has been found that optical properties of the tissues, such as absorption coefficient, play important role in laser – tissue interaction. When the absorption increases the effects of laser increase too. Light microscopy showed that clean cuts with histological normal edges were produced when UV lasers had been applied, with no thermal effects on the tissues. However, it was observed that the thermal side effect reached more than 200 μm on the area around the cuts when the near – infrared (Nd-YAG) laser was used.

تأثير أشعاع ليزر النديميوم-ياك و كلوريد الزينون و النايتروجين على الشريان الاورطي

البشري وبعض الانسجة الوريدية

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الخلاصة

لقد تمت دراسة تأثير اشعاع الليزر على الشرايين الاورطي والتاجي والرئوي والوريد الرئوي. واستخدمت ليزرات كلوريد الزينون والنايتروجين والنديميوم – ياك ، ذات الاطوال الموجية 308 و 337 و 1060 نانومتر على التوالي. و درست تأثيراتها على انسجة هذه الاوعية الدموية السليمة والمریضة الطازجة بعد الوفاة. ولقد قيس قطر الاستئصال وعمقه (الاعظم) للانسجة المعرضة (في الهواء) واعتمادها على عدة عوامل مرتبطة بنوع الليزر وطبيعة النسيج. و تمت دراسة تأثير خواص الليزر المستخدمة مثل متوسط كثافة القدرة وكثافة الطاقة المترسبة على سطح الانسجة المعرضة. ان زيادة هذين العاملين يؤدي الى زيادة في قطر و عمق الاستئصال. غير ان قطر الاستئصال يزداد حتى يصل الى حد الاشباع الذي يتحدد بمقطع حزمة الليزر. وعند دراسة تأثير طبيعة وسمك

الأنسجة، فقد وجد بأن السليمة تمتلك قيما اعلى لقطر وعمق الاستئصال مقارنة بالانسجة المصابة بتصلب عصيدي. ووجد ايضا بأن الاستئصال يقل بزيادة سمك الانسجة المعرضة. كما وجد بأن الخواص البصرية للانسجة مثل معامل الامتصاص تلعب دورا مهما في تفاعل الليزر مع الانسجة. فزيادة الامتصاص تزداد تأثيرات الليزر ايضا. وبينت الدراسة الحالية باستخدام المجهر الضوئي حدوث قطع واضح و محدد المعالم و ذو حافات اعتيادية و بدون تأثيرات جانبية حرارية على الانسجة عند استخدام ليزرات الاشعة فوق البنفسجية. ولكن لوحظ بأن التأثيرات الجانبية الحرارية تبلغ اكثر من ٢٠٠ مايكرومتر على المساحة حول القطع عند استخدام ليزر الاشعة تحت الحمراء - القريبة (النديميوم - ياك).

Introduction

In the past three decades the most significant studies related to the field of laser-tissue interaction have been published [1-3]. In recent years lasers have already contributed to the treatment and diagnosis of a variety of medical specialties [4-6].

In fact today's clinical lasers and their applications may represent only the infancy of laser medicine [7]. The physics of interaction of particular lasers on certain tissues represents an open area of research including physical parameters and techniques. In the present work the effect of laser radiation on human arterial (normal and diseased) tissues has been investigated. Three different pulsed laser sources were used: XeCl excimer laser (308nm), Nitrogen laser (337nm), and Nd-YAG laser (1060 nm). The effect of these, UV and IR, lasers on fresh postmortem tissues of aorta, pulmonary and coronary arteries and pulmonary veins have been studied. The dependence of the hole diameter and maximum depth of ablation of these tissues on many parameters related to types of lasers and nature of tissues was investigated Materials and Methods

The pulsed lasers used in the present work have the following specifications: (i) XeCl excimer laser of Lumonic Co. The laser emission wavelength $\lambda_e=308\text{nm}$, with pulse energy $E_o=20\text{mJ}$, average pulse duration $\tau=5.5\text{ns}$, and pulse power (P.P.) $(= E_o/\tau) = 3.64 \text{ MW}$.

The pulse repetition rate (R.R.) was between 1-10pps and some times 50pps and working voltage (WV) = 28 kV. (ii) Nitrogen (N₂) laser of Lumonic Co.. This laser has: $\lambda_e=337\text{nm}$, $E_o=1.7\text{mJ}$, $\tau=2\text{ns}$, P.P.=0.85MW, R.R.=5-20pps, and WV=34kV. (iii) Nd-YAG laser of J.K. Laser Co.. This laser has: $\lambda_e=1060\text{nm}$, $E_o=18.5\text{J}$, $\tau=10\text{ms}$, P.P. = 1.85kW, R.R.= 1-40 pulse per min., and WV = 1.6 kV.

An energy meter type ED - 2000 of pyroelectric crystal head was used to measure the pulse energy of XeCl and N₂ lasers in the UV range , and a calibration curve of pulse energy versus input voltage was used to determine the pulse energy in the IR range for Nd-YAG laser.

The area, a_o , of laser beam cross section (at the position where the tissue samples were placed) was measured using an optical microscope and a special paper (trace paper for UV and burn paper for IR regions). For XeCl and N₂ lasers $a_o = 160 \text{ mm}^2$, and for Nd - YAG laser $a_o=200 \text{ mm}^2$. To increase the power density of the laser beam, focusing lenses were used (a quartz lens of focal length $f=15 \text{ cm}$ for UV and a special glass lens of $f=20\text{cm}$ for IR). In this case a_o was reduced to 0.28mm^2 (measured at the focal plane of the lens, where the samples were placed) with equivalent diameter (ED) = 0.6 mm, for XeCl and N₂ lasers. For Nd-YAG laser, the

corresponding values are $a_0=19.6\text{mm}^2$ and $ED=5\text{mm}$.

Determination of confocal beam parameter Z_0

This parameter is defined as the distance through which the waist of the beam increases by $\sqrt{2}$, and it gives an indication about the region where the change of the beam cross section is negligible, so that the incident laser power density on the sample surface can be considered constant. The confocal parameter, Z_0 , is given by the formula [8].

$$Z_0 = \pi \omega_0^2 n / \lambda \quad (1)$$

where ω_0 is the waist of the laser beam, n is the refractive index of the medium, and λ is the laser wavelength.

Using Eq.(1), the values of Z_0 were then calculated, with lens (Z_{02}) and without lens (Z_{01}) using the measured values of ω_0 in each case. The values are: $Z_{01} = 520, 475, \text{ and } 189 \text{ m}$; $Z_{02} = 90, 83, \text{ and } 1850 \text{ cm}$ for XeCl, N_2 , and Nd-YAG respectively. These values are large enough so that the laser power density of the beam was insensitive to the small variations of the samples positions if they might occur. This was checked experimentally.

Tissue samples preparation

A – Exposure process : Human tissues of aorta, coronary, and pulmonary arteries, and pulmonary veins (normal, atheromatous, and bleeding) have been used in the present work. The samples were fresh post-mortem segments taken within 30 hours after death. More than 100 samples were used. The samples were prepared and cut to dimensions: about 3 cm in length, 1- 3 cm width, and 1- 3 mm thickness (except for coronary arteries where the thickness was about 0.2 mm). The samples were then kept in liquid nitrogen (at 77 K) for about 3 – 5 hours . Before exposing to laser radiation, the samples were let to thaw for about 45 minutes to reach room temperature. The samples were

held on a quartz glass base to allow laser radiation to pass through in case of complete ablation of tissue results. When a focusing lens was used, the samples were placed at the focal plane of the lens. The exposure process was performed in air with the laser beam incident normally on the internal surface of the tissues (Intimae).

B – Measurements of diameter and depth of ablation: After the exposure process, the samples were immersed in liquid formaline, and then treated with ethanol, xylol, and paraffin . The samples then cut into thin slices of 10 μm thickness by a rotary micro-tome(Type 1512, Leitz Co.). And finally Canada balsam was used as paste for the tissue slices on microscope slides. The detail of this procedure is described elsewhere [9].

A calibrated light microscope (Type 5452581-Olympus) was used to measure the diameter and depth of ablation of the exposed tissue slices .

Experimental results

A- Effect of laser radiation without lens: XeCl and Nd-YAG lasers were used only in these experiments, with the following parameters:

XeCl laser: Average power, P_{ave} , ($= E_0 \times R.R.$) between 0.02 – 0.2 W, average power density, P_D , ($= P_{ave} / a_0$) between 125 – 1250 W / m^2 , total number of pulses, N , ($= R.R. \times \text{time of irradiation}$) between 3000 – 18000 pulses, pulse power density, PPD , $= 2.27 \times 10^{10} \text{ W} / \text{m}^2$, and $a_0 = 160 \text{ mm}^2$

Nd-YAG laser: $P_{ave} = 12.3 \text{ W}$, $P_D = 62 \text{ kW} / \text{m}^2$, N between 1 – 10 pulses, $PPD = 9.3 \text{ MW} / \text{m}^2$, and $a_0 = 200 \text{ mm}^2$.

Table (1) shows the effect of XeCl laser on the tissues using 50 samples . For Nd-YAG laser 40 samples were irradiated of healthy (H) and atheromatous (T) aorta, and pulmonary(H) arteries of thickness between 1.5 – 2.5 mm , but no effect was found on these tissues .

B- Effect of laser radiation using focusing lens: A quartz lens ($f = 15$ cm) of transmittance 91 % was used to focus the UV radiation of XeCl and N_2 , and a special glass lens ($f = 20$ cm) of transmittance about 100% was used to focus the IR radiation of Nd- YAG laser . Due to the reduction of laser spot cross section by the lens, ablation of tissues was produced . Two parameters are involved in this respect , the first is the diameter , D , of the hole , and the second is the maximum depth Z_m .

Measurements of the hole diameter of ablation (D)

The diameter D has been measured for tissues of different thickness, applying different exposure conditions of the lasers. Between 30-50 slices, of thickness $10 \mu\text{m}$, were used of each tissue sample to get its largest hole diameter. These experiments were performed as follows:

1- Using XeCl laser: This laser was used under the following conditions: $\text{PPD} = 1.3 \times 10^{13} \text{ W} / \text{m}^2$, $P_D = 70 - 1400 \text{ kW} / \text{m}^2$, $a_o = 0.28 \text{ mm}^2$ (with effective diameter $D_{\text{eff}} = 600 \mu\text{m}$), exposure time $t_{\text{ex}} = 1 - 100 \text{ s}$ (some times 14 min.), and R.R. = 1 – 20 pps . The dependence of D on total number of pulses , N , and P_{ave} has been investigated . 165 samples of healthy, atheromatous , and bleeding (B) aorta arteries were used . The results are tabulated in Table (2).

For the sake of more accurate comparison between the effect of XeCl and N_2 lasers, the pulse energy of the former was made equal to that of the later (i.e. 1.7 mJ) using an attenuation cell. The results are given in Table (3).

2 – Using nitrogen laser: This laser was used under the following conditions: $E_o = 1.7 \text{ mJ}$, $\text{PPD} = 3 \times 10^{12} \text{ W} / \text{m}^2$, $P_D = 30 - 60 \text{ kW} / \text{m}^2$, and $t_{\text{ex}} = 40 - 180 \text{ s}$. The measured values of D with other related parameters are given in Tables (4) and (5).

3 – Using Nd-YAG laser :This laser was used under the following conditions: $\text{PPD} = 9.4 \times 10^7 \text{ W} / \text{m}^2$, $P_D = 6.3 \times 10^5 \text{ W/m}^2$, $a_o = 19.6 \text{ mm}^2$ ($D_{\text{eff}} = 5 \text{ mm} = 5000 \mu\text{m}$), R.R. = 1 – 20 pulse per min. , $N = 5 - 20$ pulses . About 50 samples were used of aorta (H and B), and pulmonary (H) arteries. Fig.(1) is a photograph of a hole diameter D . The results are given in Table (6).

It can be seen from Tables (2) – (6) that D increase as N increase. Typical example is shown in Fig.(2) for XeCl laser.

Measurements of the maximum depth of ablation (Z_m)

After exposure to laser radiation , the samples were cut into slices of $10 \mu\text{m}$ thickness until the maximum depth of ablation , Z_m , was reached . Two lasers only were used in these experiments , namely, XeCl and Nd - YAG lasers. The N_2 laser was not employed due to its relatively low energy pulses. For instance, when pulmonary (H) artery was exposed to 1800 pulses of N_2 laser ($P_{\text{ave}} = 17 \text{ mW}$) , the resulting Z_m was only $80 \mu\text{m}$. The experiments with the other two lasers were done as follows:

1- Using XeCl laser: In these experiments the conditions were similar to those used for hole diameter measurements.Fig.(3) is a photograph of depth of ablation Z_m . The values of Z_m are tabulated inTable (7) for pulmonary(H), and aorta (H and T) arteries.

2- Using Nd-YAG laser: Here aorta (H) arteries only were exposed to the IR radiation of this laser. The values of Z_m are listed in Table (8). One can see from Tables (7) and (8) that Z_m increases with the increase of N . Typical example is shown in Fig.(4) for XeCl laser ($P_{\text{ave}} = 0.02$

and 0.2 W), of aorta(H) and pulmonary (H) arteries.

Discussion

In the present work , the diameter ,D, and maximum depth , Z_m , of ablation have been studied as functions of the following factors: Average power density , P_D , energy density (fluence) , E_D , and the wavelength , λ , of the laser used , and also their dependent on the nature of the tissues that exposed to laser radiation.

Effect of E_D and P_D : These quantities are considered important factors that determine the laser – tissue interaction . They are defined as follows:

$$P_D = P_{ave} / a_o = E_o f / a_o \quad (2)$$

where $f = R.R.$

$$E_D = P_D t_{ex} = E_o N / a_o \quad (3)$$

The effects of P_D and E_D were studied with, and without focusing lense:

- (i) Without focusing lens: No noticeable effect was observed on the tissues when Nd-YAG laser was used, of $E_D = 9.2 \times 10^4 - 92.3 \times 10^4$ J/m², and $P_D = 6.2 \times 10^4$ W/m² . Similar result was obtained when XeCl laser was used , of $E_D = 38 \times 10^4 - 75 \times 10^4$ J/m² , and $P_D = 125$ W/m² . But a change in colour was observed when E_D increased to 113×10^4 J/m² , and P_D to 1250 W/m² (see Table (1)).
- (ii) With focusing lens: In this case ablation has occurred in nearly all cases with the three types of lasers due to increase of P_D about 570 times for XeCl and N₂ lasers, and 10 times for Nd-YAG laser. Using focusing lens, therefore, enhances the effect of laser beam on the tissues due to the decrease of the beam cross section and a corresponding increase of E_D and P_D . For instance, in case of XeCl laser when a tissue was exposed for 1800 seconds without lenses ($E_D = 22.5$ MJ/m²), just a change in color

occurred. While ablation occurred after 20 seconds of exposure time when focusing lens was used , with the same P_{ave} in both cases { see Tables (1) & (2) }. This is ,of course, due to the increase of energy deposited per unit area per unit time P_D .

Effect of variation of E_D for fixed P_D

When P_D is kept fixed , then E_D increase as the time t_{ex} or N ($= f t_{ex}$) increase(Eq.(3)) . We see ,therefore, that D and Z_m , in general, increase as N increases { see Tables (2) & (7), and Figs. (2) & (5) }. As can be seen from these figures both D and Z_m equal to zero for $N \leq 20$ pulse ($E_D \leq 1.4$ MJ/m²) , and then both increase as N increases further due to increase of deposited laser energy. However D reaches a saturation value for $N \geq 100$ pulse ($E_D \geq 7$ MJ/m²) when it approaches the diameter of the laser spot on the tissue ($= 600$ μ m for UV lasers) as a limit.

Effect of variation of P_D for fixed E_D

Referring to Tables (4) and (7) and ther related tables for, XeCl and N₂ lasers that are concerned with the dependence of D and Z_m on P_{ave} and P_D for fixed values of E_D (fixed N), and using tissues of similar properties, one can conclude

the following:

- 1- Z_m increases as P_{ave} (and P_D) increases, as expected. This is in agreement with the results obtained by other workers [10 - 13].
- 2 – With regard to the diameter of ablation D , it was found that D in general increases as P_{ave} increases, except in some few cases where it remains approximately constant or decreases slightly due to experimental errors. These errors were as a result of the combined effects of the inclined orientation of the tissue with respect to the cutting knife of the micro tome, and the uncertainty in the

measurement of D by the optical microscope.

From the results obtained, in the present work, it has been found that both E_D and P_D effected D and Z_m . However, there is a discrepancy in the literature about which is more important E_D or P_D . Some of the researchers assume that P_D is more important^[11-14], while others consider E_D is the more important^[15]. To clarify this point, let us consider the results that have been obtained with the lasers used {see Tables (1),(2), and (4)}:

- (i) For XeCl laser: When $P_D = 1.25$ kW/m² and $E_D = 2.25$ MJ/m², no ablation has occurred but only a change of color of the exposed tissues resulted. But when P_D increased to 71 kW/m² with $E_D = 1.42$ MJ/m², ablation has occurred.
- (ii) For N₂ laser: When $P_D = 30.4$ kW/m² and $E_D = 1.21$ MJ/m², no ablation and no change in color have occurred. But when P_D increases to 60.8 kW/m² with the same value of E_D , ablation has occurred.
- (iii) For Nd-YAG laser: When $P_D = 62$ kW/m² and $E_D = 0.93$ MJ/m², no ablation or change in color have occurred. But when P_D increased to 630 kW/m², with the same value of E_D {Table (8), $N = 1$ }, ablation has occurred.

It can be seen from these results that although E_D was kept fixed in the cases of N₂ and Nd-YAG lasers or even decreased in the case of XeCl laser, but ablation of tissues has occurred when P_D increased (above a threshold value P_{Dth}). One can, therefore, conclude that when $P_D < P_{Dth}$ no ablation occurs whatever the value of E_D . But when P_D becomes greater than P_{Dth} , ablation occurs when $E_D \geq E_{Dthreshold}$.

See for instance Figs. (2) and (5), where D and Z_m are both zero (no ablation) when

$E_D \leq 1.42$ MJ/m² for XeCl laser. From the previous discussion one can

conclude that the average power density, P_D , plays more important role in tissue ablation than the energy density E_D . However it is practically easier to control the value of E_D by merely controlling the exposure time t_{ex} for a given P_D .

Effect of laser wavelength

The effect of laser wavelength, λ , on the tissue ablation was studied by changing λ and keeping other factors fixed (e.g. beam cross section = 0.28 mm², pulse energy = 1.7 mJ, etc.). The nitrogen ($\lambda = 337$ nm), and XeCl ($\lambda = 308$ nm) lasers were used in this study { Tables (3) & (5) }. Fig. (6) shows the dependence of D on N of pulmonary artery (H) for both lasers. It can be seen from this figure that D is greater for XeCl laser because the photon energy of this laser is greater by about 9 % than that of N₂ laser, and also because the absorption coefficient, A , of the tissue for XeCl laser light is greater than that of the nitrogen laser. For example, we have measured A for aorta artery(H) and found that it was greater for XeCl laser by about 18 % than that of nitrogen laser^[8] (this will be published else where).

Effect of tissue thickness:

The effect of the tissue thickness, d , on Z_m and D was studied by keeping other factors fixed (e.g. nature of tissue, λ , P_{ave} , P_D , E_D , and N). Tables (9) and (10) show the dependence of Z_m and D on d . One can see from these results that both Z_m and D decrease as d increase. This is because the change of the artery thickness, d , is caused by structural changes of the tissue wall layers. Since as d increases, the layers become less elastic due to the increase of muscular fibers, especially in the middle layer (e.g. for elderly persons). This makes it more difficult for the laser beam to penetrate the tissue.

Similar results were obtained by other workers [11, 12, 16].

Effect of nature of tissue

The effect of nature of tissue on the ablation by laser radiation has been studied, in the present work, keeping other factors fixed (e.g.tissue thickness, average power, etc.). Fig.(7) demonstrate the dependence of Z_m on N for aorta artery (H) and (T), using XeCl laser . It can be seen that Z_m for healthy aorta artery is greater, by about 30 % , than that of atheromatous aorta artery. This attributed to the higher absorption coefficient , A , of aorta(H) (by about 40 %) than that of aorta (T) arteries [9]. The increase of the absorption means an increase of the absorbed or deposited laser energy, and enhancing its effect on the tissue. One can also use similar reasoning to explain why D for bleeding aorta is greater than that of the healthy one by about 10 % , since A of the bleeding aorta is greater by about 10 % than that of the healthy one. When D approaches the saturation value (which is determined by the laser spot cross section). It becomes insensitive to the optical properties of the tissue (i.e. absorption). Similarly, the diameter D for aorta(H) is slightly higher (by about 5 %) than that of bleeding aorta { Table (6) }, because A of aorta (H) is the higher. Finally , when healthy aorta and pulmonary arteries and veins, of about similar thickness, were exposed to XeCl laser radiation under similar conditions, it was found that the differences between the values D were negligibly small for these tissues . This is because they have similar structure {see Table (11)}. It is interesting to mention that light microscopy showed that clean cuts with histological normal edges were produced when UV lasers had been applied with no thermal effects on the tissues. While the thermal side effect may reach more than 200 μm on the area around the cuts when near –

infrared, Nd – YAG, laser was used. *Acknowledgments:*The authors would like to thank Dr Omar K. Al-Koubaisy of Al-Rasheed Military Hospital, Baghdad, for the supply of the tissues and useful suggestions.

Table (1):Effect of XeCl laser on healthy (H) , and atheromatous (T) arterial tissues , without using lens. $PPD = 2.3 \times 10^{10} \text{ W/m}^2$, $P_{ave} = 0.2 \text{ W}$, & $P_D = 1250 \text{ W/ m}^2$

Tissue thickness – d (mm)	Tissues	No. of ulses N	Effect
2	Aorta(H)	3000 – 6000 9000 - 2000	NonCol or change
1 - 2	Pulmonary(T)	3000 – 9000 9000 -12000	NonCol or change (C.C.)
2 - 3	Aorta (T)	3000 – 2000 15000	Non C.C.
0.2	Coronary (H)	3000 – 6000 9000 - 8000	Non C.C.

Table [2]:The dependence of hole diameter D on no. of pulses N of aorta arteries:

A – Healthy using 15 samples in each case ; B – Atheromatous ; C – Bleeding (red color) . Using XeCl laser ($PPD = 1.3 \times 10^{13} \text{ W/m}^2$, $P_D = 70 - 1400 \text{ kW/m}^2$)

(A)

Tissue thickness d (mm)	P_{ave} (W)	N	D (μm)
1.8	0.02	10	---
		20	266
		25	290
		40	327
		60	529
		73	409
1.8 - 2	0.1	25	491
1.5	0.2	20	---
		25	415
		50	407
		60	516
		100	589
		120	626
		200	680
1.6	0.4	100	559
		200	506

(B)

d (mm)	P_{ave} (W)	N	D (μm)	No. of Samples
1.5	0.1	25	267	10
		200	658	
2.0	0.1	50	297	20
2.3	0.1	100	461	40
	0.2	100	512	
2.4	0.1	5	---	20
		25	213	
		75	381	
		100	463	
		250	558	

Table (2) - (C)

d (mm)	P _{ave} (W)	N	D (μm)	No. of Samples
1.5	0.1	100	662	10
1.5	0.2	20	---	35
		50	485	
		100	629	
		120	636	
		200	665	

Table (3):The dependence of hole diameter D on no. of pulses N, of healthy aorta and pulmonary arteries (about 20 samples in each case). Using XeCl laser of pulse energy = 1.7 mJ , and PPD = 3x10¹² W/m² .

d (mm)	Tissue	P _{ave} (mW)	N	D (μm)
1	Aorta	8.5	600	60
			1200	68
			1800	80
1.2	Aorta	8.5	600	51
			1200	62
			1800	74
1.6	Aorta	17	300	---
			600	23
			1200	40
			1800	56
1	Pulmonary	17	300	40
			600	58
			1200	72
			1800	84

Table [4]:The dependence of D on N for aorta (H) arteries. Using N₂ laser of PPD = 3x10¹² W/m² .

d (mm)	P _{ave} (mW)	N	D (μm)	No. of Samples
1.2	8.5	200	---	15
		300	28	
		600	32	
	17	200	30	
		300	51	
		600	71	
2	17	600	25	20
		1200	37	

Table[5]:The dependence of D on N for pulmonary (H) arteries. Using N₂ laser of PPD = 3x10¹² W/m² .

d (mm)	P _{ave} (mW)	N	D (μm)	No. of Samples
1	17	300	25	35
		600	38	
		1200	56	
		1800	73	
1.3	8.5	25	---	10
		900	92	

Table[6]: The dependence of D on N, for healthy(H) and bleeding (B) aorta, and pulmonary(H) arteries. Using Nd-YAG laser of PPD = 9.4x10⁷ W/m², and P_D = 6.3x10⁵ W/m². No. of samples = 50.

d (mm)	Tissue	P _{ave} (W)	N	D (μm)
1	Pulmonary (H)	12.3	5	659
			10	798
1.2	Aorta (H)	12.3	5	1109
			10	1335
1.4	Aorta (H)	12.3	5	944
			10	1184
			15	1315
1.4	Aorta (B)	12.3	5	1015
			10	1104
			15	1289
			20	1366

Table (7) : The dependence of max. depth of ablation Z_m on N, for pulmonary (H), aorta (H), and aorta {atheromatous, T,} arteries. Using XeCl laser of pulse energy = 20 mJ, PPD = 1.3x10¹³ W/m², and P_D = 70 – 1400 kW/m² .

d (m)	Tissue	No. of Samples	P _{ave} (W)	N	Z _m (μm)
1	Pulmonary (H)	15	0.02	60	160
				100	444
				120	638
				190	1076
1.2	Aorta (H)	30	0.2	20	---
				60	279
				100	612
				120	778
				190	1200
				250	1064
				500	1516
1.7	Aorta (H)	20	0.2	20	---
				60	505
				100	559
				300	1410
1.5	Aorta (H)	10	0.1	100	559
				200	958

Table (7) Cont.

d (mm)	Tissue	No. of Samples	P _{ave} (W)	N	Z _m (μm)
2	Aorta (H)	20	0.1	25	181
				35	213
				50	260
1.6	Aorta (T)	30	0.2	20	---
				100	426
				300	971
2.4	Aorta (T)	20	0.2	50	158
				100	306
				500	1490
				1000	1862
3.2	Aorta (T)	12	0.2	250	771
				500	1170

Table [8]: Dependence of Z_m on no. of pulses N , for aorta(H) arteries. Using Nd-YAG laser, of pulse energy 18.5 J , $PPD = 9.4 \times 10^7 \text{ W/m}^2$, and $P_D = 6.3 \times 10^5 \text{ W/m}^2$.

d (mm)	No. of Samples	P_{ave} (W)	N	Z_m (μm)
1.1	15	12.3	1	213
			5	559
			10	771
			20	1283
1.5	10	12.3	1	80
			10	718
			20	1490

Table [9]: Dependence of Z_m on tissue thickness d , for aorta (H) and (T) arteries, using XeCl laser.

Tissue	P_{ave} (mW)	N	d (mm)	Z_m (μm)
Aorta (H)	200	100	1.2	612
			1.7	559
			2.0	399
Aorta (H)	100	50	1.5	359
			2.0	260
Aorta (T)	200	500	1.6	1516
			2.4	1490

Table [10]: Dependence of D on d , for aorta (H) & (T), and pulmonary (H) arteries. Using XeCl and N_2 lasers.

Laser	Tissue	P_{ave} (mW)	N	d (mm)	D (μm)
XeCl	(T)	100	25	1.5	267
				2.4	213
			200	1.5	658
				2.4	507
	(H)	17	600	1	58
				1.6	23

Table[10] Cont.

Laser	Tissue	P_{ave} (mW)	N	d (mm)	D (μm)
XeCl	(H)	17	1200	1	73
				1.6	40
				1800	1
N ₂	(H)	17	600	1.2	71
				2	25
				1200	1
				2	37

Table [11]: Dependence of the hole diameter D on nature of the tissue, for healthy aorta, and pulmonary arteries and veins. Using XeCl laser.

N (pulses)	P_{ave} (mW)	d (mm)	Tissue	D (μm)
100	200	1	Pulmonary vein	589
		1.1	Aorta artery	612
600	17	1	Pulmonary vein	51
		1	Pulmonary artery	58

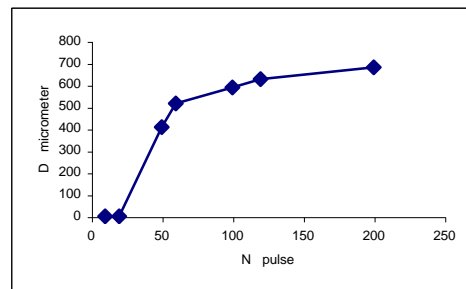
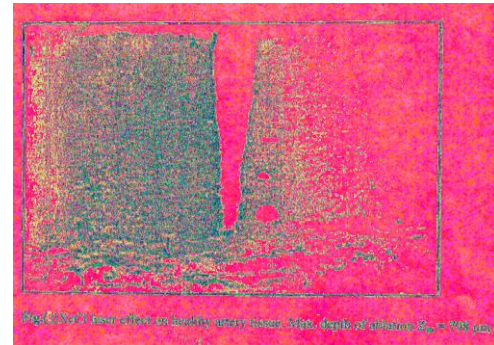
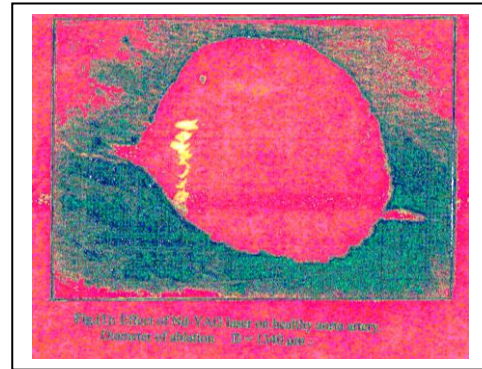


Fig.[3] Hole diameter D (μm) vs. no. of pulses N , for aorta Artery (H), $d = 1.5 \text{ mm}$, using XeCl laser ($P_{ave} = 0.2 \text{ W}$, $P_D = 0.7 \text{ MW/m}^2$).

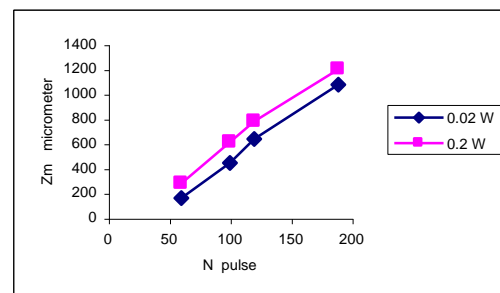


Fig. (4): Max. depth of ablation Z_m vs. no. of pulses N , of aorta artery (H) ($P_{ave} = 0.2 \text{ W}$, upper curve), and pulmonary artery(H) ($P_{ave} = 0.02 \text{ W}$, lower curve). Both tissues have $d = 1.1 \text{ mm}$, using XeCl laser of $P_{ave} = 0.2$ & 0.02 W .

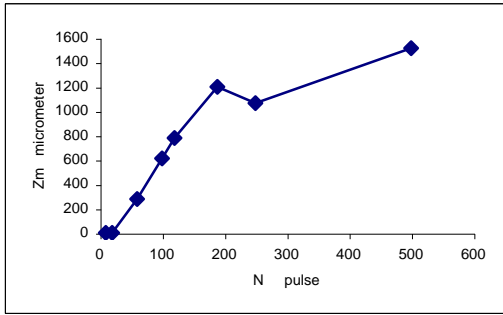


Fig.(5):Max. depth of ablation Z_m (μm) vs. no. of pulses N , of aorta artery (H), using XeCl laser ($P_{ave} = 0.2 \text{ W}$, $P_D = 0.7 \text{ MW/m}^2$)

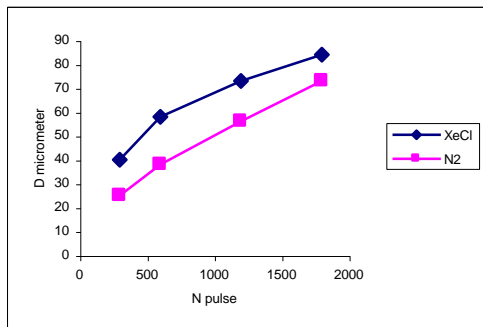


Fig.(6) : Hole diameter D vs. no. of pulses N , of pulmonary artery (H), using XeCl ($\lambda = 308 \text{ nm}$), and N_2 ($\lambda = 337 \text{ nm}$) lasers of same average power $P_D = 17 \text{ mW}$. Tissue thickness $d = 1 \text{ mm}$.

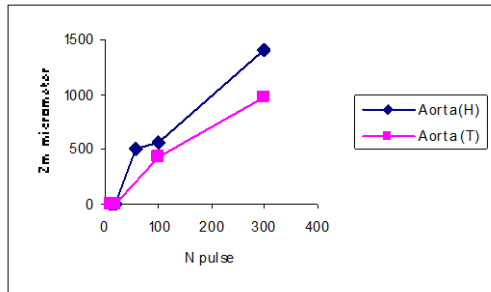


Fig.(7): Max. depth of ablation Z_m vs. no. of pulses N , of aorta artery { (H), $d=1.7 \text{ mm}$, upper curve }, and { (T), $d=1.6 \text{ mm}$, lower curve }, using XeCl laser ($P_{ave} = 0.2 \text{ W}$).

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